

STUDY PLANNER

Plan your routine on the wall study planner and stick to the plan to achieve and start strong in your exams.

25 Time Management Tips

1. Get a good night's sleep
2. Create a master schedule
3. Do important tasks first
4. Block off study sessions
5. Remove distractions and time-wasters
6. Set goals for study time
7. Use the Pomodoro technique
8. Don't leave things until the last minute
9. Avoid multitasking
10. Create a study space
11. Switch tasks if you're struggling
12. Join a study group
13. Break tasks up into manageable chunks
14. Eat your frog
15. Complete tasks in one sitting
16. Work when you're working
17. Prepare before studying
18. Set realistic goals
19. Find your best time to study
20. Take mini-breaks
21. Make use of "dead time."
22. Practice daily review
23. Take advantage of apps
24. Don't obsess
25. Take time off

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am	8am	8am	8am	8am	8am	8am
9am	9am	9am	9am	9am	9am	9am
10am	10am	10am	10am	10am	10am	10am
11am	11am	11am	11am	11am	11am	11am
12am	12am	12am	12am	12am	12am	12am
1pm	1pm	1pm	1pm	1pm	1pm	1pm
2pm	2pm	2pm	2pm	2pm	2pm	2pm
3pm	3pm	3pm	3pm	3pm	3pm	3pm
4pm	4pm	4pm	4pm	4pm	4pm	4pm
5pm	5pm	5pm	5pm	5pm	5pm	5pm
6pm	6pm	6pm	6pm	6pm	6pm	6pm
7pm	7pm	7pm	7pm	7pm	7pm	7pm
8pm	8pm	8pm	8pm	8pm	8pm	8pm

NOTES

KEY DATES

